Love at first bite



What are we going to cover?

- What are bed bugs
- History
- Resurgence
- Biology
- Signs
- Control
- Detection
- Disposal
- School
- Social impacts



Chemical disasters



What are bed bugs?

Blood feeding true bugs - order Hemiptera Eggs hatch and immatures

go through

5 nymph stages

before becoming adults



Adults are about the size of an apple seed







BED BUGS ARE NOT KNOWN TO TRANSMIT DISEASE ORGANISMS





History

- 1910 -1940 bed bugs became a community-wide problem in US
- Infestations were worse in poorer,

overcrowded communities, although wealthy households had problems as well

Fumigation with hydrogen cyanide



· Common pest in the US at the turn of the century

· Almost eradicated in 1940-50 due

to DDT

 Resistance documented to DDT, malathion, carbamates and pyrethroids



- Pull beds away from walls
- Place bed legs in pans of oil
- Application of pyrethrum powder (dried chrysanthemum flowers) dusted between the sheets of a bed
- Vigorous housecleaning, washing bedding/beds
- Dousing slats, springs, and crevices with boiling water or grease from salt pork or bacon



People resorted to extremely dangerous practices



Mercury chloride applied to the mattress using a feather



"Sometimes it is possible to destroy a light infestation by thorough soaking of the bed and other places with high-test gasoline"

Doner and Thomssen 1943

Management relied upon

- Labor intensive
- Detailed work
- Constant monitoring

This is just as true today as it was then, despite technological advances





1947

There was little understanding of chemical exposure risks



impregnated wall paper

PROTECT YOUR CHILDREN

Against Disease-Carrying Insects!



KILLS FLIES, MOSQUITOS, ANTS

... as well as moths, bedbugs, silverfish and other household pests after contact!

MEDICAL SCIENCE KNOWS many common insects breed in filth, live in filth and carry disease. Science also recognizes the dangers that are present when these diseasecarrying insects invade the home. Actual tests have proved that one fly can carry as many as 6,600,000 bacteria! Imagine the health hazard - especially to children-from flies seriously suspected of transmitting such diseases as scarlet fever, measles, typhoid, diarrhea . . even dread polio! Some types of mosquitos carry malaria and yellow fever. And any mosquito bite is painful and easily infected when scratched.

NON-HAZARDOUS to children or adults, to pets or clothes. Certified to be absolutely safe for home use. Tested and commended by Parents' Magazine.

GUARANTEED effective against disease-carrying insects for 1 year. Actual tests have proven the insect-killing properties still effective after 2 years of use.

NO SPRAYS! NO LIQUIDS! NO POWDERS! So convenient. so safe because the DDT is fixed to the paper. It can't

BEAUTIFUL! "Jack and Jill" or "Disney Favorites"-gay new patterns that protect as they beautify a child's room. DDT CEILING PAPERS, TOO! Extra protection for your children's room-for every other room in the house. Choice



READY-PASTED! Just Dip in Water and Hang!

Anyone can put Trimz Wallpaper up without help or previous experience. Millions have done it-proved it's quick, clean, easy! Nothing to get ready-no tools, paste or muss. Just cut strips to fit, dip in water and hang. It's dry in 20 minutes! Guaranteed to stick-guaranteed to please or money back. And so inexpensive! You can protect your child for \$8 to \$12depending on size of room.

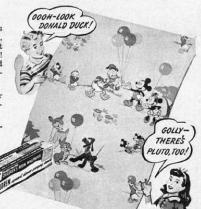
Trimz DDT Children's Room Wallpaper, Trimz DDT Cedar Closet Wallpaper now available at Department, Chain, Hardware, Paint, and Wallpaper stores everywhere.

Many beautiful new patterns also available in regular Trimz Ready-Pasted Wallpaper at \$1.98, \$2.49, \$2.99 per box.



Another Product of TRIMZ CO., INC., Division of UNITED WALLPAPER

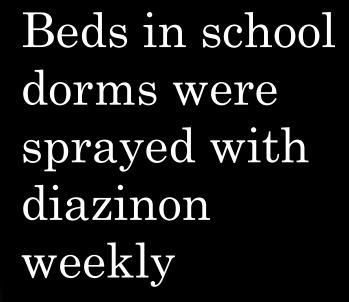
World's Leading Designer and Largest Manufacturer, Merchandise Mart, Chicago 54, Illinois



Resurgence

2001 Arizona

Some communities remain unaware of chemical exposure risks



Diazinon registration for in-home use withdrawn by manufacturer in 2004

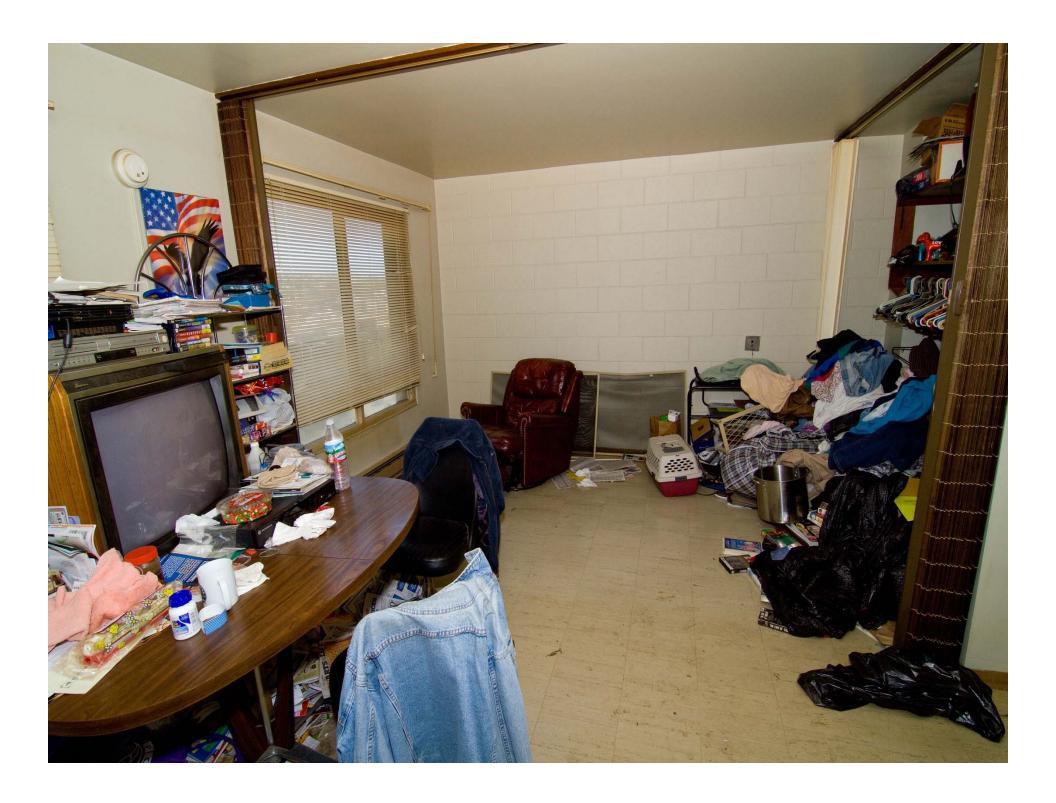
BEDBUGAPOCALYPSE! Overall increase

of 20% between 2012 and 2013

- 1. Chicago
- 2. Los Angeles (+1)
- 3. Columbus, Ohio (+3)
- 4. Detroit (-2)
- 5. Cincinnati
- 6. Cleveland/Akron/Canton (+2)
- 7. Dayton (+4)
- 8. Washington D.C. (-1)
- 9. Denver (-5)
- 10. Indianapolis (+6)
- 11. Richmond/Petersburg, Va. (+1)
- 12. Raleigh/Durham/Fayetteville, N.C. (+3)
- 13. Dallas/Ft. Worth (-4)



40 bed bugs are in a 70°F room on May 2. By Nov 2 how many are there? 5,905!











Why have bed bug infestations reemerged in the developed world? To a lesser extent:

- Immigration from third world countries
- Transient homeless during economic downturn
- Home transitions increased
- Loss of DDT? Not likely!





Why Bed Bugs Have Returned More significantly:

- 1. Changes in pest management strategies
 - Reduction in pesticide use indoors
 - ➤ Introduction and use of pest specific baits instead of liquid pesticides

Bed bugs don't eat baits!

Why Bed Bugs Have Returned

- 2. Increase in global and domestic travel
 - > Introduction of bed bugs into U.S. by foreign travelers, and re-infestation by native bugs previously restricted
 - > Mobile society that can carry bed bugs to all corners of the U.S.

24-PREWL DICEMBER 2 2005 - USA TODAY

Bedbug boom blamed on increased foreign travel

Hard to see, even harder to kill, bloodsuckers gain toehold in USA

dy warn, ar back in growing umbers across the USA, and bootng them Boto your bank can be a

years after near-eradica-

high had become a myth," on Richard Corper, an entoroxi- in California.

School of Public Health.

The re-emergency of bedlage dhugs, the houseguests no-appears to have begun in the late supply, are back in growing. 1990s. Cooper saw for first one in a

on, the latte boodsuckets are to. Cooper surveyed excremisators to ricing homes and hotely from New . the Northeast, Florida and California irk to San Dieys. Why the out- risa None reported more than 22 real? Baseased world travel and bedbug calls. In 2004-05, bedbug complaints jumped to 335 in the Northeast, 285 in Florida and 240

of who regard strony procuration on in Leasurement Co. No. "They with bedings every day of the re-the transfer in the closes, week, all day larg." Corper says.

They've still, all right, if they've.



Not actual size: Adult bedrogs are N-inch long and fred on blood.

and something's sucking on your ankle, that's a pretty good sign" that your home has bedbags.

Harvard School of Public Houbb

In San Diego, Hirrb Field, an entomolegist with tited Pest Control, has treated everything from small condex to rescur missions.

"Her years ago, we might have had a drown calls for bedbugs a year," for says, "New wer get that many in a week."

the bedfug boots in increased fureign travel, Mannes says, The bugs are more common abroad, and slood. Fortunately they don't ap- in by an exterminate, the heilbugs peop to spread donor, Polick taps. Infined eviction, E was Kayen who

There's operadation that the in-moved to a new place, dustry overal away from operating Killing them is to an perticular on handcoards has been per says, for starter, factry creed away from operating Killing them is tough visiting. Con-perticules on handsoards has been per says, for stames, they're hard a boon for feedbags, he says. The fir field. They come out only at

not readily pour long with head-high-until your boxer is pilested. If you wake up at 2 a.m. and

conething's sucking on your apide, that's a pretty good sign," Politick cays, "But people generally dust see that, and they bush feel freel-

ng They're small's" Seebuge had been feating on Irian Kayen for some time believ he discovered his West Orange, N.J., At first, he thought his laundry

yearter his mostly-been discussion upts, they're transferrer until they and in favor of more targeted, less: \$6 up with blood, and fast-hillings ay so small they can pass through a stitch-hole in a mattern. Even as fid-proves adults, they're only a querier of an inch larg, and their flet bodies allow them to dip into

Pollack says a good externature will spend at least a half-hour co-

"It can cost thousands of dollar to get oid of them," he says. Cetting rid of them can sequire

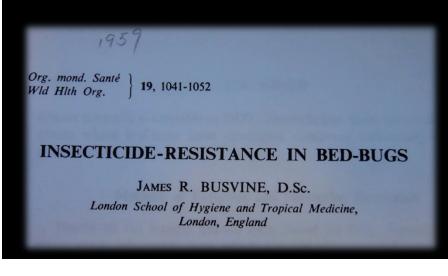


Why Bed Bugs Have Returned

SCIENTIFIC REPORTS | ARTICLE

- 3. Bed bugs show increased resistance to insecticides that are widely used
 - Metabolic enzymes
 - > Kdr mutations
 - > Cuticular proteins
 - > Abc transporters





Bed bugs evolved unique adaptive strategy to resist pyrethroid insecticides

Fang Zhu, Hemant Gujar, Jennifer R. Gordon, Kenneth F. Haynes, Michael F. Potter & Subba R. Palli

Affiliations | Contributions | Corresponding author

Scientific Reports 3, Article number: 1456 | doi:10.1038/srep01456

Received 28 December 2012 | Accepted 25 February 2013 | Published 14 March 2013

BED BUGS ARRIVE

Passive

Bed bug is introduced hitchhiking on something:

- Furniture
- Mattress
- Things we carry or wear (purse, coat, shoes, backpacks)

Active

Bed bug moves by walking from an infested area:

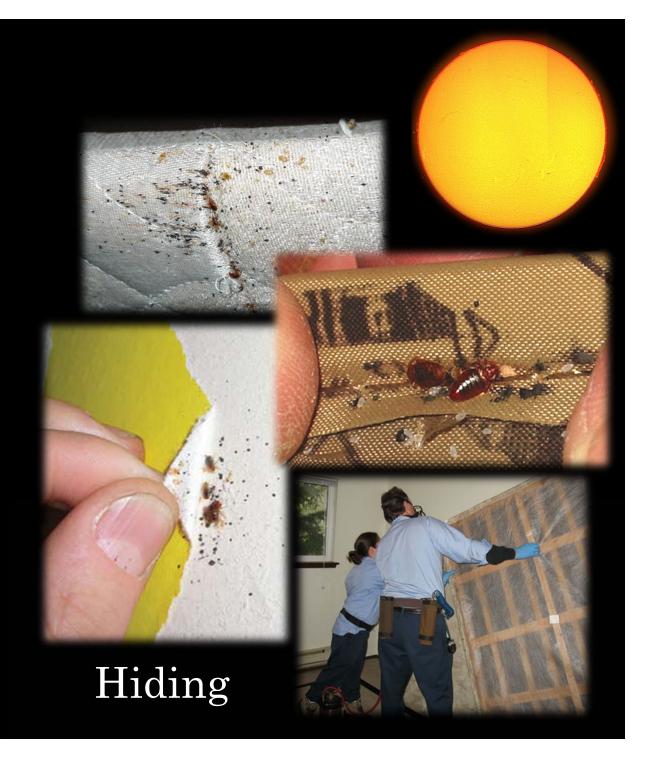
- From one room to another
- From one apartment to another via pipes, telephone or cable wires
- Down a hallway after dropping of an item being discarded

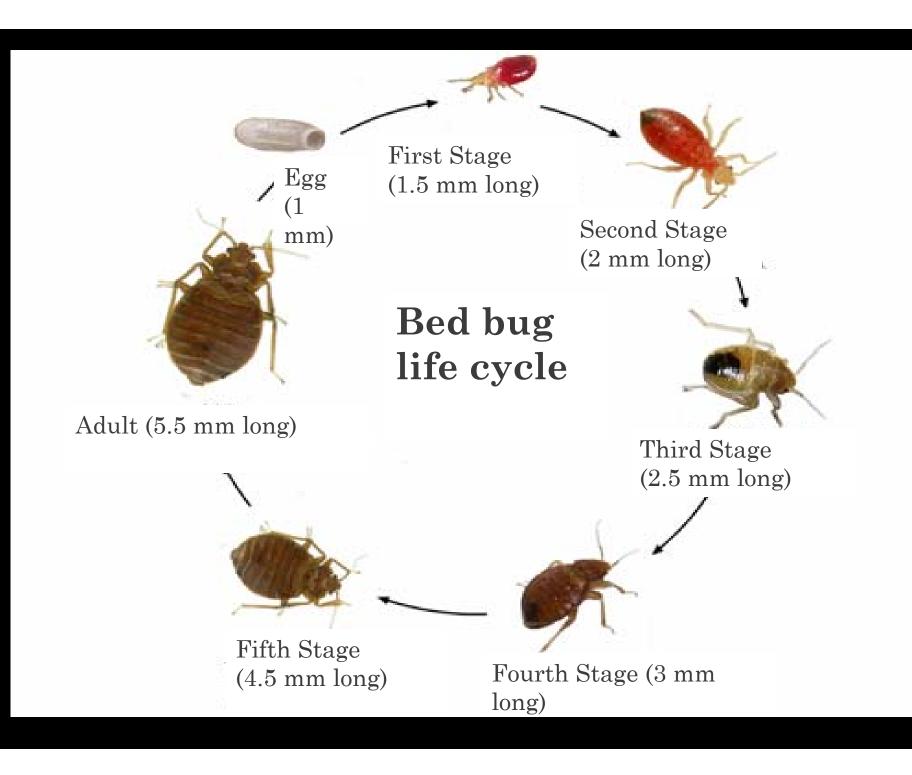
BIOLOGY

Feeding











- Bed bugs feed on the blood of humans, birds and mice
- Feed at night mainly
- Saliva can cause a person to itch and cause swelling
- Scratching can lead to infected sores



Bites <u>may</u> occur in lines usually on exposed skin





- -One study found 30% had a reaction
- -Another study indicated 96% (of refugees in Sierra Leone) had reactions
- -Reactions vary depending on your immune system and number of bites
- -Bites do not confirm bed bug infestations





Saliva causes a "sensitivity" to bites

- <u>5</u> stages: no reaction; delayed reaction; both immediate & delayed; immediate reaction only; & finally, no reaction.
- True hypersensitivity can develop
- Anemia
- Asthma
- Skin lesions (multiple bites)



 Probe the skin to find a capillary space that allows the blood to flow rapidly

 May probe the skin several times before feeding

- Feed for 5-10 min
- · After feeding, move to aggregations
- Bed bugs usually feed every 3-7 days



- After feeding adults become interested in mating
- They engage in traumatic insemination
- Females may be mated by many different males
- Females leave aggregations after being mated several times





• Females that mate only once will produce 25% more eggs than multi-mated females

• A single mated female can cause an infestation

 After taking a blood meal females produce 5-20 eggs over ~12 days

Females produce
 ~143 eggs in a lifetime

- Aggregate in cracks and crevices all day
- · If hungry they become active between midnight and 5:00 am
- Stimulated by the increase of CO_2 in the room
- Travel many yards to get to host
- Bed bugs detect temperature, $CO_{2,}$ other chemicals



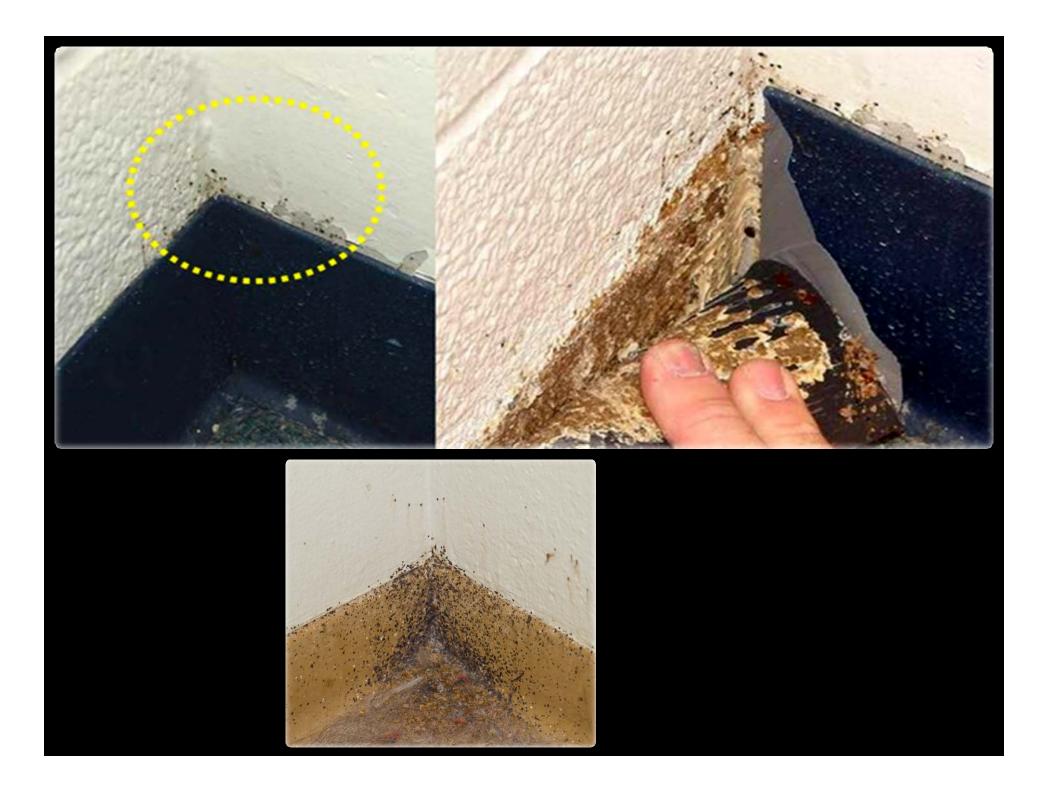


SIGNS

- Excreted digested blood
- Looks like cockroach feces but feels flat or smooth

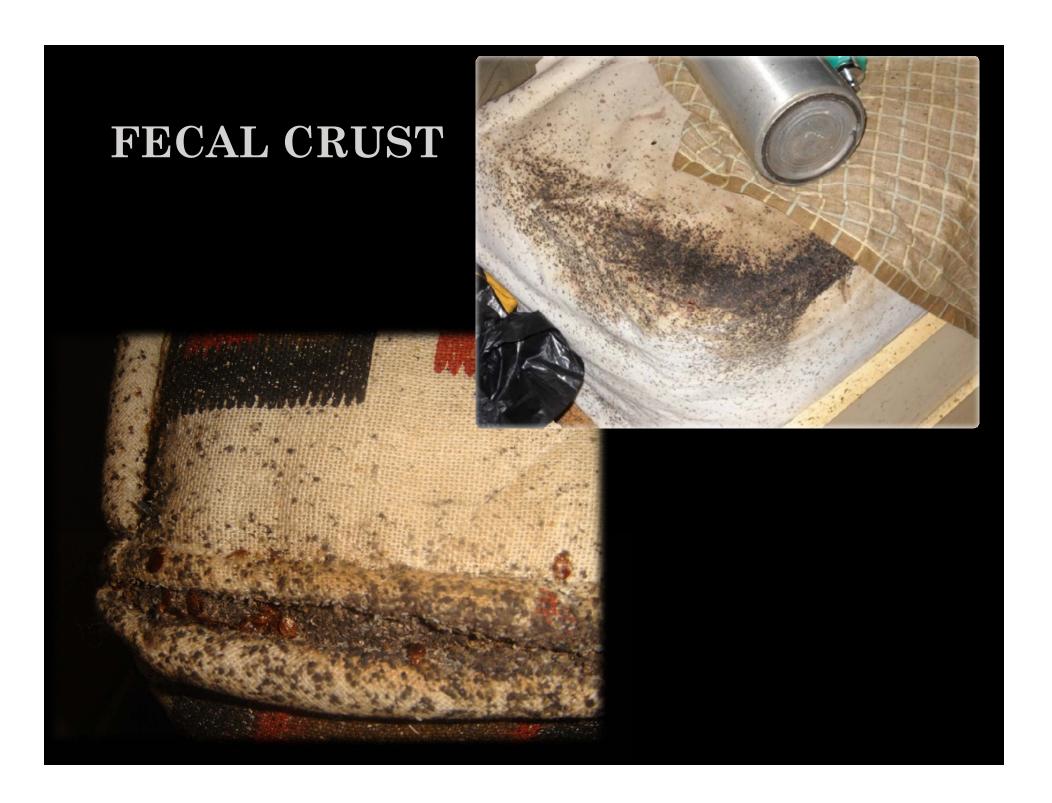






- Frass spots (bed bug poop)
 - -Mattress seams and on the tag
 - -Wood frame of the box springs
 - -Behind the head board
 - Along the tops of baseboards / the edge of carpeting
 - -Ceiling / wall junctions behind pictures
 - -Electrical outlets
 - -In curtain seams





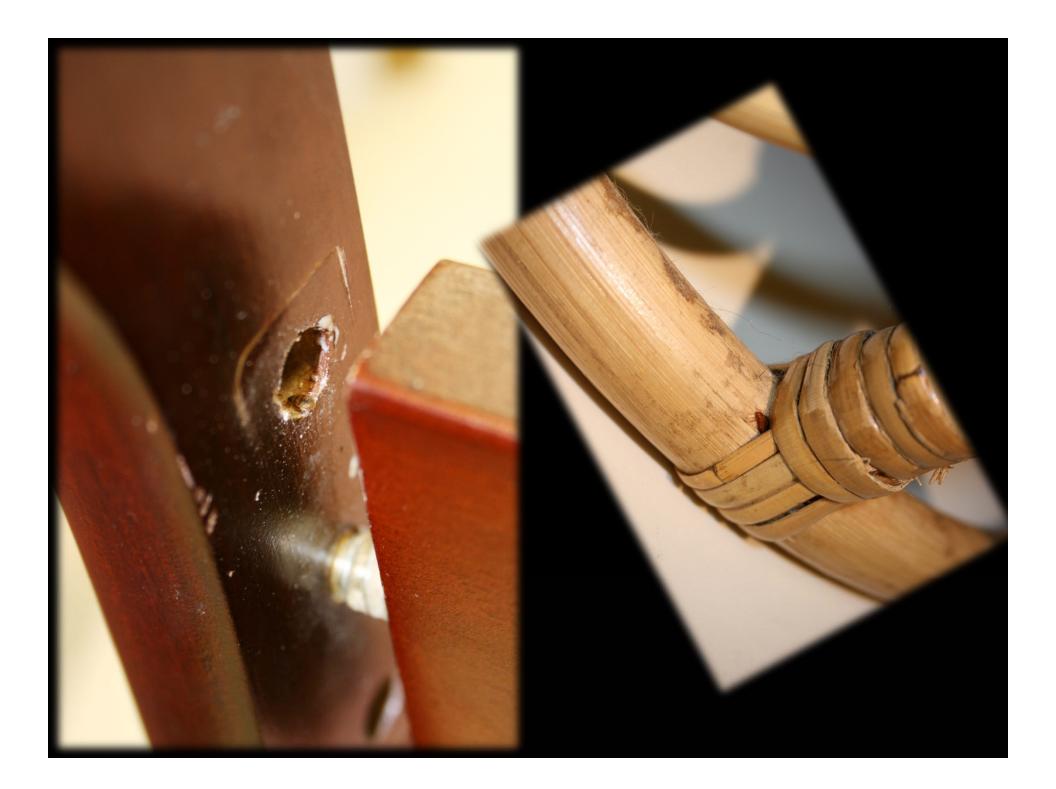






Not all aggregations are obvious





MOLTED SKINS





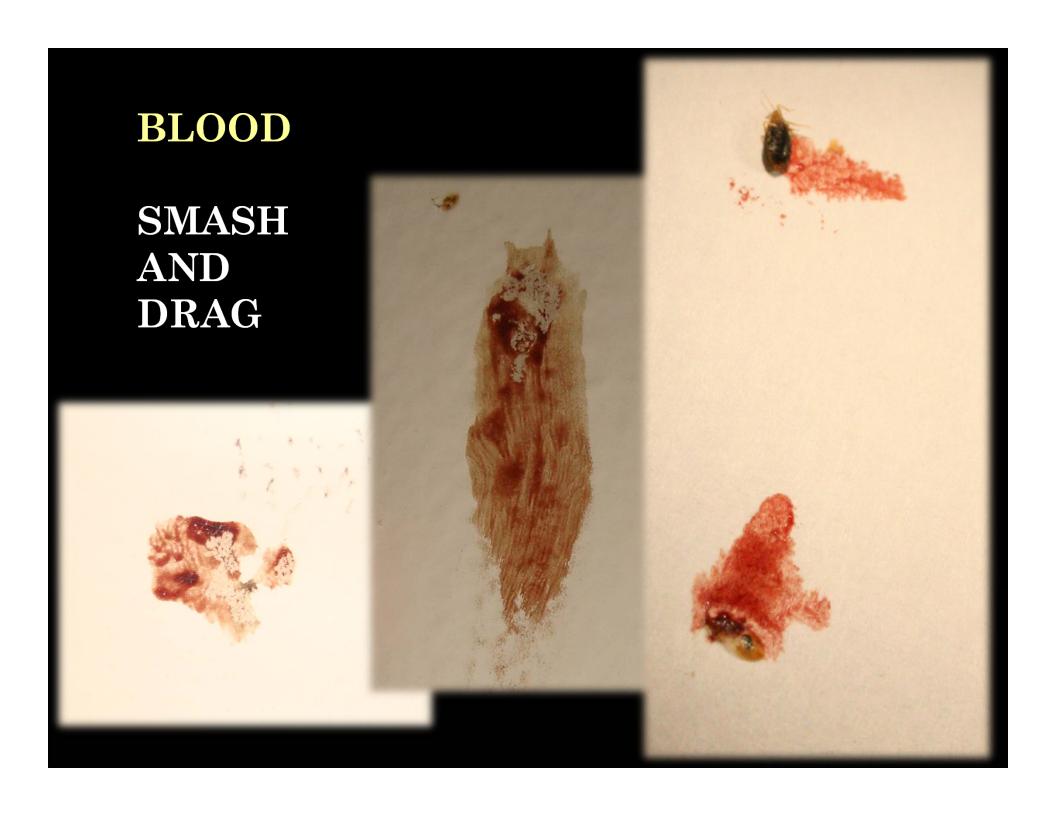
LESS OBVIOUS UNLESS YOU KNOW

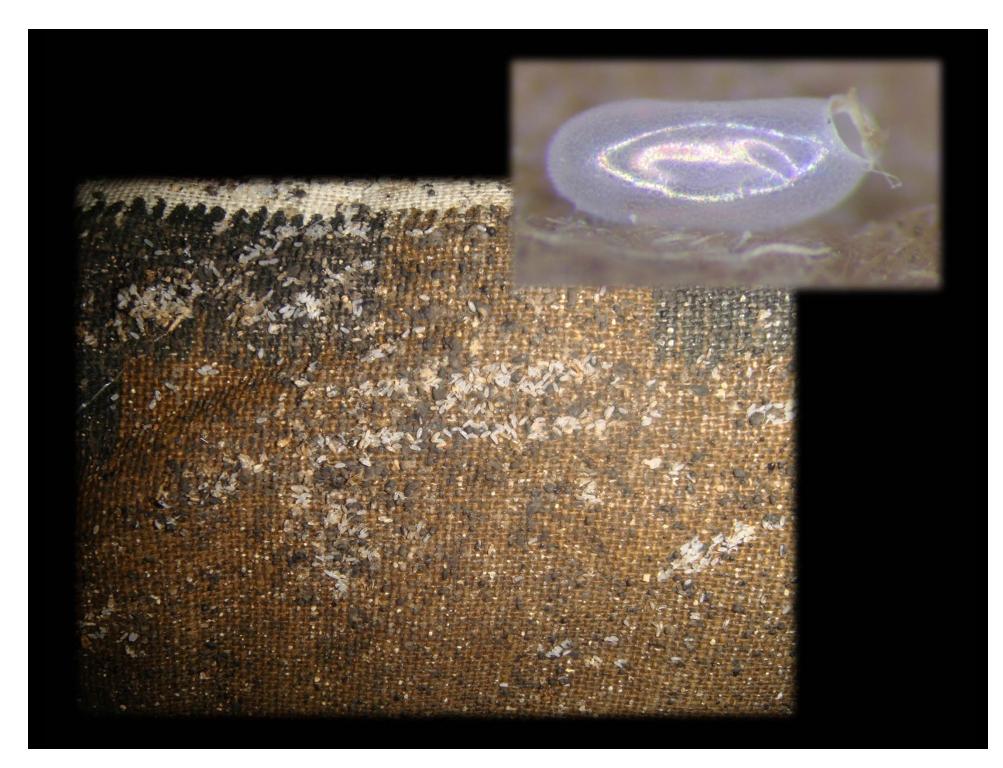
- Looks like mold
- But are actually bed bug aggregations





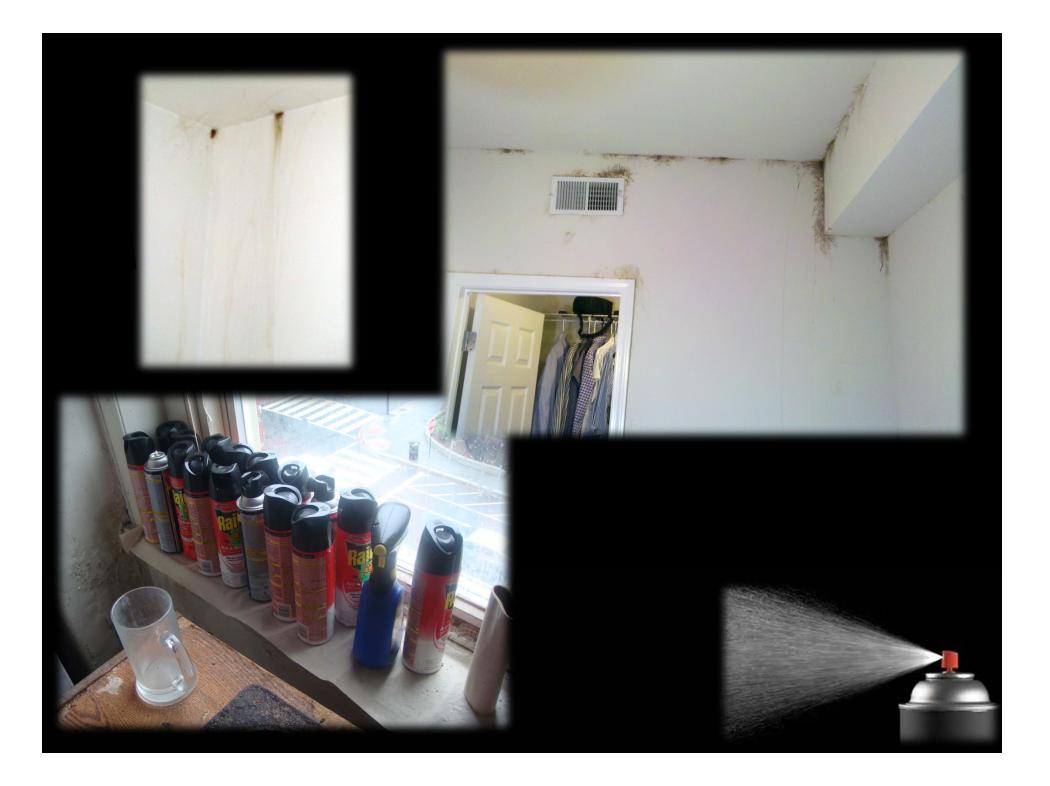
















- · Most products will kill some bed bugs
- · Consumers do not realize that killing bed bugs we can see is not the problem



CONTROL

• Multiple applications of insecticides



- Crack and crevice applications
- Resistance to pyrethroid products is <u>very high</u>
- Not all populations are resistant to the same products
- Three general types of resistance occurring



RESISTANCE

 Metabolic enzyme cytochrome p450, helps to break down toxins – one gene variant that confers resistance enables the bed bug to produce large quantities of the enzyme



RESISTANCE

 Commonly used insecticides target an ion channel and cause nerves to fire continuously, paralyzing and quickly killing the insects - resistant bed bugs may carry a mutation in the ion channel that prevents the

pesticide from binding

kdr-type



RESISTANCE

 Reduced cuticular penetration – thickening or remodeling of the bed bug cuticle may contribute to decreased insecticide penetration



MANY LEGITIMATE PRODUCTS

- · Novel pesticide formulations
 - Temprid (β-cyfluthrin & imidacloprid
 - Transport (bifenthrin & acetamiprid)
 - Tandam (λ-cyhalothrin & thiomethoxam
- Chlorfenapyr
 - pyrolle; "pro-insecticide"
- Alpine Dust
 - Dinotefuran and DE
- CimeXa
 - -Amorphous silica gel







NON CHEMICAL METHODS

- · Becoming the primary methods used in combination with chemical methods
 - -Heat/Cold
 - -Vacuuming
 - -Mattress encasements
 - -Desiccant dusts
 - -Other



- Most PMPs provide preparation instructions
- Instructions make treatments easier for PMP
- Difficult for the resident: laundry bill
- Top complaint is lack of tenant cooperation

TREATMENT PREPARATIONS



New way of thinking! Leave the infestation in place

- Excellent detectors
- · Can distinguish between live and dead bugs
- · Good for lawsuit defense
- Expensive and require constant training
- Are only as good as their handler

CANINE DETECTION





- Training varies
- Verification differs
- Few third party certifications



ACTIVE MONITORS

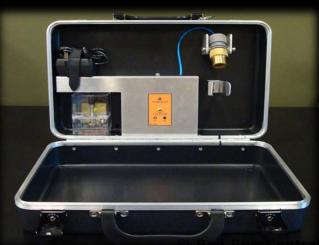
NightWatch













Decialized Glue Formula Non-Toxic

CO3 MISS.

Bedbug By

RSTRUCTIONS CO2

A STATE CONTROL

A

BuggyBed

2 Bed Bug First Response

Bed Bug Beacon

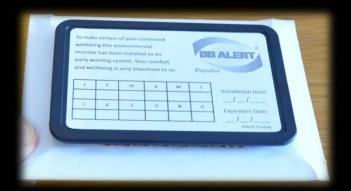
PASSIVE MONITORS/TRAPS

4 Climb Up Interceptors

4 Bed Moat

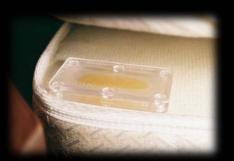






BB Alert

4 CVT BB Trap





6 BB Detection System

VACUUMING

- The value of vacuuming is it makes inspections easier
- Large infestations, harborage areas are filled with live bed bugs, dead bed bugs, molted skins, hatched egg shells, and feces



HEAT KILLS BED BUGS BEST OF ALL!

• Items can be placed in a hot dryer dry for 40 minutes after items

are dry

Washing only,
 does not kill
 bed bugs

Heat box



Showering removes bugs from your person





• Steam STEAM temperature CLEANING (at the bed bug) must be 130° F (54° C) or greater

• The steam head must be large

 Steam power will kill bed bugs and their eggs

• Steaming is slow and labor intensive

HEAT CHAMBERS







WHOLE HOME HEAT

- · Propane or electric
- Temperature ~140°F
- Time 4 hours







- Bed bugs exposed to CO_2 snow at -42° C
- The snow is pressurized through a nozzle that forms vapors
- Snow freezes the cells of the bugs
- This system will not eliminate a bed bug infestation if used alone

CRYONITE®



- Encasements for both mattress and box springs!
- · Improved version has a zipper protector sewn in
- Traps bed bugs and eggs, bite proof and escape proof

MATTRESS COVERS



NOT ALL COVERS PROTECT



DESICCANT DUSTS

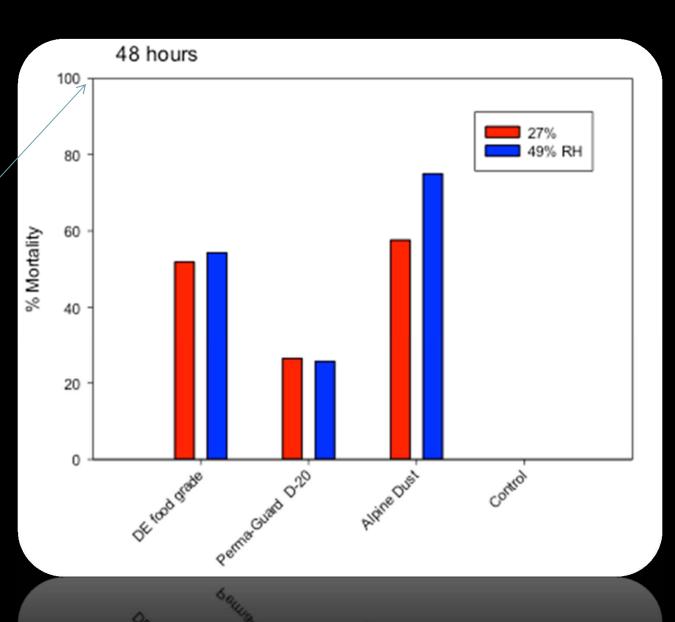
- Desiccant dusts are ultimately more effective than sprays
- Resistant strains died in ~36 hours
- Diatomaceous Earth
 - insecticide grade 2-3 days
- · Silica dust
 - -2-3 days
- · Lasts unchanged in wall voids for years in low humidity



Desiccant dusts

Best So far





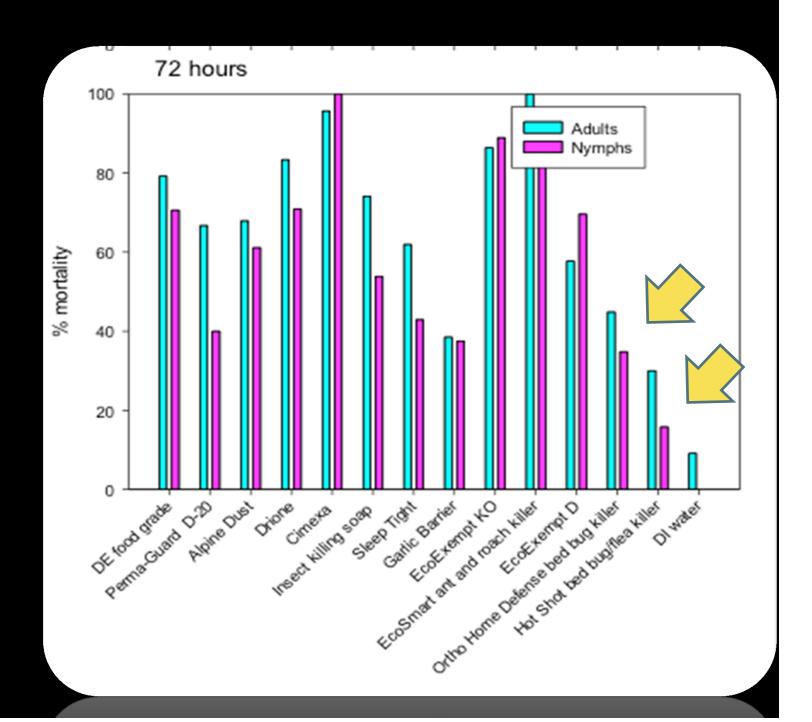
FUMIGATION WITH VIKANE

- Fumigation is generally considered a last resort due to price
- Effective for multiunit housing
- Residents moving to and from different units
- Sharing of belongings
- · Large communal areas





DIY stores are not helping



DISPOSAL

• Wrap and mark items for disposal

· Organize solid waste





WHY BED BUGS IN SCHOOL?

- Bed bugs are excellent hitchhikers
 - -Clothing
 - -Backpacks
 - -Books
- Bed bugs are good runners



ARTICLES FROM HOME



UNHAPPY BED BUGS

- Schools usually lack
 - a food source at night
- Boarding schools are the exception
- Backpacks, books, clothing, wheelchairs from home provide harborage and transport
- Schools can be transitional locations





- Accurately identify all specimens
- Provide basic information
- Inspect room, monitor, careful cleaning and vacuuming
- Reduce clutter
- Isolate student belongings in clear plastic bags
- Usually no need for residual insecticides

• No good preventative solution until unmanaged reservoirs in homes or elsewhere are addressed



Results:

Children missing school

Faculty and staff losing their jobs

Affected families move homes and schools

Extreme chemical use





Paradichlorobenzene Dichlorvos Naphthalene



PARENTS

- Inform parents how to send students to school free of bugs
 - -Launder clothes, dry heat for shoes, backpacks, etc.
 - -Clothing items stored separated from bed bug areas in airtight bags



IF A BED BUG IS DISCOVERED IN THE SCHOOL

- Do not panic or cause panic!
- Often it's a stray, single bug
- Collect it for proper ID
- <u>Do not</u> evacuate the classroom or office
- Thoroughly inspect the room

SCHOOL PROTOCOL FOR "TREATMENT"

- Deep clean the affected area thoroughly
- Vacuum all floor and corner areas
- Wash desks and chairs
- Wash floors
- Temporarily remove rugs
- Steam clean rugs and furniture



• Shared articles can harbour bed bugs

- Wheelchairs
- •Vacuums
- •Medical equipment
- •Electronics







•Toys





Phoenix Union High School District – Bed Bug Policy

- Policy 2012-2013 school year
- 2013-2014 > 75% reduction in roving bed bug sightings
- Cleaning and monitoring not "spraying"

PARENT AND COMMUNITY **EDUCATION**







In 2011 Arizona joined several other states enacting bed in 2011 Anzona joined several orner states enacting bed beg related legislation. The new legislation (SE 1206) assigns sugression responsibilities to landlords and tenants in multispecific responsibilities to tandards and smalls in muni-family housing. This law does not apply to a single family ramay nousing. This raw noes not appry to a single samely residence. Under Arizona law, landlords are required to provide existing and new tonants with advantagement to the state of th provide existing and new tenants with outcanonal materials on local bugs. Additionally, landlords are prohibited from on tea bugs. Auditionally, landings are promised from knowingly leasing a bed bug infested residence. The knowingly learning a new oug intensive resource: the logislation requires tenants to notify the landlord of a bed legislation requires terains to nonly the languous or a total bag infestation and disallows them from knowingly moving ong ammanane ana samenne anas avas acare bod bug infessed materials into a residence.

- Summary of the Arizona law
- THANTS are required to notify landlerds in writing or
- TERANTS are prohibited from moving items into the building if they are known to be infested with bed bugs. LANOLORDS Landlords are required to provide LANDLORDS Landlords are required to provide educational materials on bed bugs to existing and new

LANDLORDS are prohibited from renting homes known

20 nave acuve nearing measurers.
The Arizona hed bug legislation can be read at http://www. The Arizona bed bug legislation can be read at http://www.asteg.gov/FormatDocument.asp?inDocwlegtext@dog/tt/ Reflected in statute titles 33-1319; 11-269,11; 9-500,31; 36-601

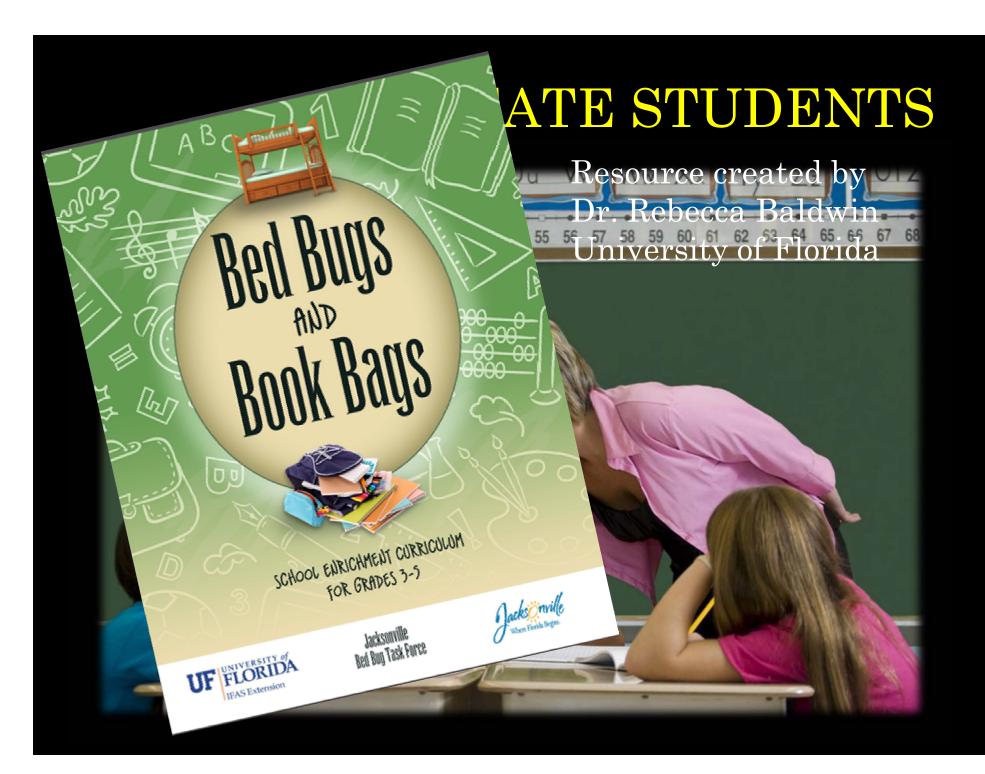
LANDLORDS

- Shall not enter into a lease agreement if an apartment is
- Shall provide educational materials on bed bugs to
- Also in statute ARS 32.2325 (1) and (2) to do structural pest control, a person must have a business become pest control, a person must have a business ticense and qualifying party license, or be a licensed pest management professional employed by a company with a management processoral employed by a company with a business license and qualifying party license. Employees nusinous noense and quantying party noense. Employees of political subdivisions (e.g. City municipality workers) or pointed supervisors (e.g. City municipanty workers)
 need only hold an applicable license, and are not required need only hold an applicancy morse, and are not required to meet the business focuse and qualifying party license. to meet me returness feemee and quantying party norms requirements. Thus, the additional requirement that the And the shall utilize only licensed Post Management Professionals to remediate infestations.

Landlords should consider having a clearly written Bed Eug Protocol included within lease agreements.



General post management service contracts may not General post management service contracts may not include bed bug remediation. It may be advisable to bire an accommod that Management Development to management to the second to the se include bed bug remediation. It may be advisable to one an experienced Post Management Professional to manage properties you are responsible for and to verify the properties you are responsible for and to no local logis in recently vacated homes. It



SOCIAL IMPACTS

• 2007-2011 data from individuals calling by phone, sending written correspondence, or attending

educational / outreach events



 Most commonly used pesticide choices for residents battling bed bugs was total

release foggers, & aerosol sprays

- 9% of residents had applied gasoline on their bed (**one** PHA training)
- 19% of people had attempted non-chemical control 31% had used more than two chemicals



• 42% people understand what behaviors put them at risk

89% indicated extreme stress, 100% indicated some anxiety

• 4.5% of residents attempted to seal cracks and crevices

• 8.9% had paid a company to remediate the infestation

- Few (>7%) people had no concerns when informed of average remediation costs
- 32% of specimens submitted as bed bugs or possible bed bugs were not bed bugs



\$400-5000

- 1. Fumigation
- 2. Heat treatments
- 3. Pesticides



The poor are at greatest risk

Increased number of people reporting long-term (beyond a year) bed bugs





Socioeconomic risk







- Over the counter pesticides used in/on school backpacks
- Children missing school for more than 6 months
- Psychiatric patients refused admission to medical facilities
- Isolation from friends and family
- Bed bug detection dogs providing false positives

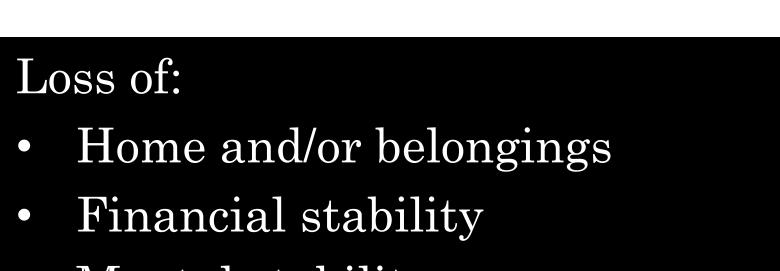
Other observations

Doctors and PA's misdiagnose

bed bugs based on bite reactions







Mental stability

Partner

• Employment

Health

• Children?



In 2012 we developed an on-line survey tool to methodically determine bed bug impacts and analyze the behavioral risk factors associated with bed bug infestations

2014 launch

Bed Bug survey in English:

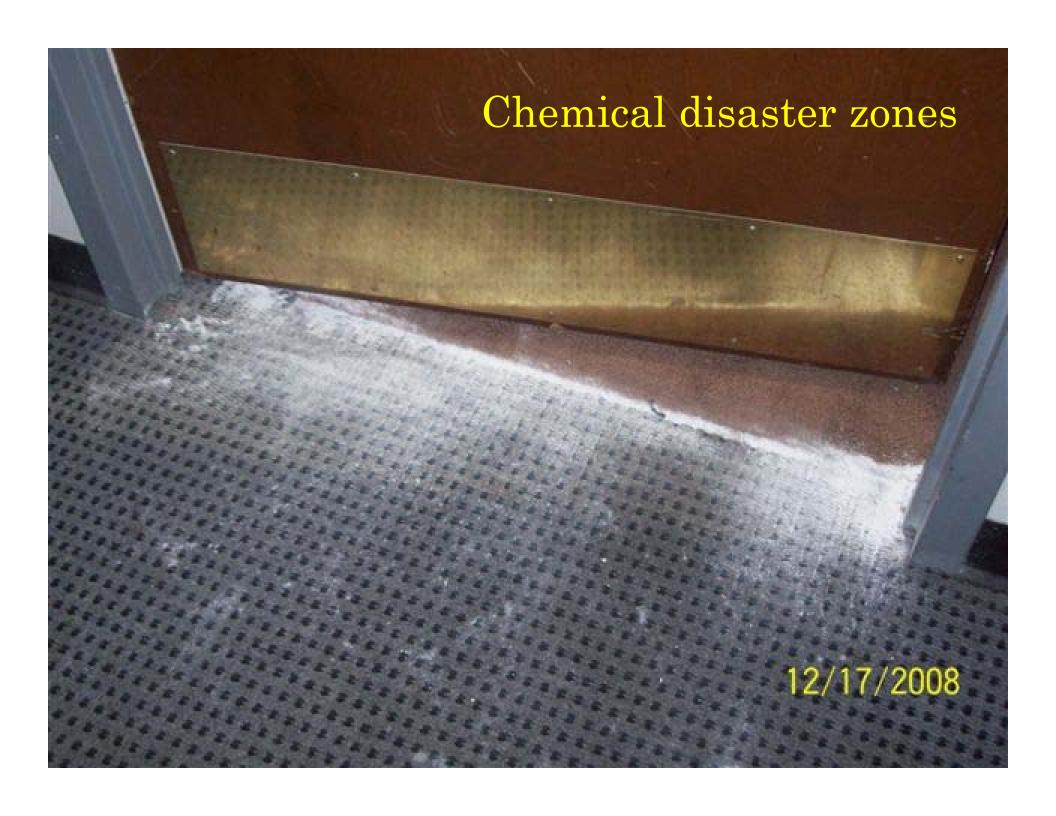
http://www.surveymonkey.com/s/DGLQS52

Bed Bug survey in Spanish:

https://es.surveymonkey.com/s/F5NZXJK











Malathion



MISUSE – SEVIN DUST

• Grandparents
used Sevin Dust
to treat bed
bugs ... "it
worked for
someone else"





Clean up procedures



DO NOT USE FOGGERS AND "BOMBS"





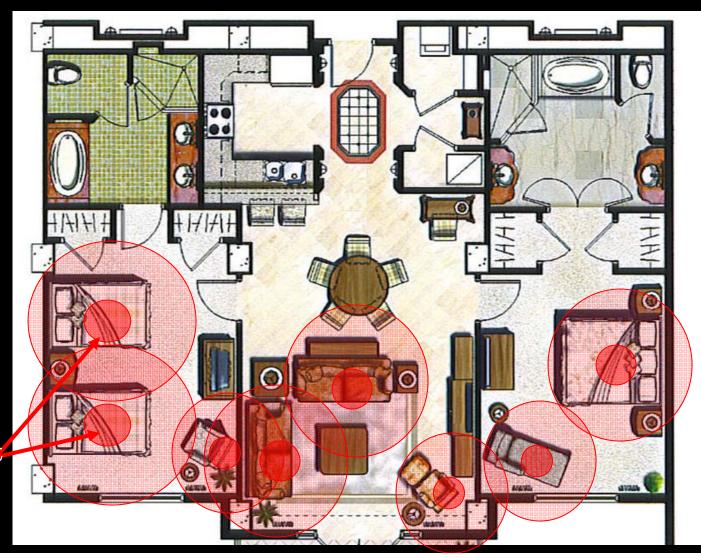
Bed bugs everywhere not just homes



RECAP

Beds, sofas, bedside tables, recliners, picture frames...

= Hot Spot



IN A HOME, WHERE DO BED BUGS HIDE?

(CHOOSE THE TOP 3)

- → a.) box springs
 - b.) couches / chairs
- → c.) mattresses
 - d.) night stand / dresser
 - e.) baseboards and moldings
 - → f.) head boards and bed frames
 - g.) walls / ceilings
 - h.) TV remotes
 - i.) curtains / drapes
 - j.) toilets





Modern Woman Digest

Disinformation

Disturbing New Trend:

Kids Are Now Smoking Bed Bugs To Get High

"Just when us adults thought that the children of today couldn't get any more stupid, they come up with a new and amazing way to get high, rewriting the definition of probably a bad idea."

This fad originated in Arizona, where a group of kids thought up the bright idea of capturing bed bugs, crushing up the bodies, and inserting the pieces into "bongs". The children then light the bongs and inhale the fumes.

Inhaling the smoke coming off of the bed bug pieces, they experience visual and auditory hallucinations. Bed bugs are known in the scientific community to secrete an active hallucinogenic chemical, that produces a feeling that resembles "walking on wet concrete."

Resources

http://www2.epa.gov/bedbugs

http://www.epa.gov/oppfead1/cb/csb_p age/updates/2013/fedstratbedbugs.html

http://extension.arizona.edu/sites/extension.arizona.edu/files/pubs/az1563.pdf

http://www.azdhs.gov/phs/oids/training/documents/2011/Bed-

Bugs_Gouge.pdf

http://webdoc.agsci.colostate.edu/ipm/Bed%20bug%20photos.pdf

